

## Upper Bergen County Swim and Dive Meet Schedule 2019

	<u>Home Team</u>	<u>Away Team</u>
Dive: July 9th (Tues)	Haworth	Park Ridge
Swim: July 10th (Wed)	Norwood	Pascack Valley
	<b>Harrington Park</b>	Demarest
Dive: July 12th (Fri)	Pascack Valley	Haworth
Swim: July 13th (Sat)	<b>Harrington Park</b>	Norwood
	Park Ridge	Demarest
Dive: July 16th (Tues)	Haworth	Norwood
Swim: July 17th (Wed)	Park Ridge	<b>Harrington Park</b>
	Demarest	Pascack Valley
Dive: July 19th (Fri)	Park Ridge	Norwood
Swim: July 20th (Sat)	<b>Harrington Park</b>	Pascack Valley
	Demarest	Haworth
Dive: July 23rd (Tues)	Pascack Valley	Park Ridge
Swim: July 24th (Wed)	Haworth	<b>Harrington Park</b>
	Norwood	Demarest

In the event of rain:

Wednesday meets will be made up the next evening

Saturday meets will be made up on the next Monday evening

### Dive Championships:

July 26th (Fri) at Pascack Valley

Make-up Date July 27th (Sat) 3:30 warm up, 4:30 start

### Swim Championships:

July 27th (Sat) at Demarest

Make-up Date July 28th (Sun) 8:30 warm up, 9am start

**Wed Swim Meets: Warmups 5pm, Start 5:30pm**

**Sat Swim Meets: Warmups 8:30am, Start 9am**

**All Dive Meets: Warmups 5:30pm, Start 6pm**